

June  
1985

# NEW YORK CYCLE CLUB

In its 49th year

JUNE 1985

President

Martha Ramos  
75 Henry St., #16G  
Brooklyn, NY 11201  
718/858-9142

V.P. Programs

Sara Flowers  
111-50 76 Rd., #4L  
Forest Hills, NY 11375  
718/544-9168

V.P. Rides

Maxim Vickers  
20-63 23 Street  
Astoria, NY 11105  
718/728-7179

Secretary

Rose Marie Ottomanelli  
285 Bleecker St. #1R  
New York, NY 10014  
212/675-2166

Treasurer

Larry Rutkowski  
17 Ft. George Hill  
New York, NY 10040  
212/304-0485

Public Relations Director

Larry Rottersman  
182 Tysen St.  
Staten Island, NY 10301  
718/448-7400

Editor

Roseann Korska  
2807 Claflin Ave.  
Bronx, NY 10468  
212/549-2034

Membership Director

Irene Walter  
45 Pondfield Rd. W. #1J  
Bronxville, NY 10708  
212/883-5524(w)

Circulation Manager

Jody Saylor  
49 W. 75 St.  
New York, NY 10023  
212/799-8293

A-Rides Coordinator

Steve Sklar  
350 W. 55 Street, #62  
New York, NY 10010  
212/245-3245

B-Rides Coordinator

Alinda Barth  
83-18 125 Street  
Kew Gardens, NY 11415  
718/441-5612

C-Rides Coordinator

Gregory D'Agostino  
1061 E. 92 Street  
Brooklyn, NY 11236  
718/272-4271

Past President

Chris Malling  
80 Garfield Pl. #1F  
Brooklyn, NY 11215  
718/965-0894



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P.O. Box 877, Brooklyn, NY 11202

# June Ride Listings

Compiled by Maxim Vickers, V.P. Rides

## GUIDELINES FOR CLUB RIDES

NYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose physical or bicycle condition seem inadequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

- 1) Select rides within your capabilities - avoid downgrading the ride for your fellow riders and stressing yourself "trying to keep up" or, conversely, demanding a faster pace than advertised.
- 2) Be on time or a bit early. Rides will leave promptly.
- 3) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.
- 4) Bring water, snacks, spare tube, patch kit, pump and lights for after dark.
- 5) Eat a good breakfast.

## RIDE AND RIDER CLASSIFICATION

Ride/Riders		Riding Pace
"A+" ANIMALS	Anything goes. Eat up roads, hills and all.	17+ mph
"A" SPORTS(WO)MEN	Vigorous riding over hill and dale. High regard for good riding style. Can take care of themselves anywhere. Stop every two hours or so.	14-17 mph
"B" TOURISTS	Moderate to brisk riding along scenic roads, including hills; destination not so important. Stop every hour or two.	11-14 mph
"C" SIGHTSEERS	Leisurely to moderate riding. Destination oriented: nature, historical, cultural. Stop every half to one hour.	8-11 mph
"D" BEGINNERS	Very leisurely sightseeing. Discovering bike and their bodies; training up to "C." Frequent stopping and regrouping. Do not believe reports of mere mortals riding 100 miles or more in a day.	to 8 mph

Any member may lead a ride. See the respective Ride Coordinator to submit a Ride Listing form. Ride Coordinators' names and telephone numbers are listed on the cover of the Bulletin.

Central Park Boathouse phone numbers are: 650-9521, 744-9813, 744-9814.

Sat. Jun. 1 BAYVILLE THE PRETTY WAY. Leader: Marty Wolf. This ride is a composite of all the most scenic rides I've ever taken to Bayville. It's semi-hilly and very pretty. The plan is to meet at the Tramway Plaza at 8:30AM and return by 3:30PM. Call Marty (212)935-1460 with any questions.

Sun. Jun. 2 NEW CANAAN. Leader: Steve Sklar (212)245-3245. Back by popular demand (mine), this scenic, hilly Century (originally scouted and led with Doug Blackburn) was a great success last year. The ride out winds through residential streets in Westchester and Connecticut, before emerging into commercial civilization in New Canaan. The return will include less of congested Rt.1, if possible. Eat a good breakfast and bring snacks for the first 50 miles, as there will be no stops before New Canaan. There may be a short deli stop on the way back. This ride will maintain a double paceline where traffic conditions permit.

Sun. Jun. 2 SEACLIFF. Leader: Lin Ehrlich (212)737-3887. Leaving from the Central Park Boathouse we will essentially ride Alinda's Seacliff ride and meet her group for a picnic lunch. There is a deli in Seacliff to buy lunch. We will maintain a cruising speed of 15-17mph, and average riding pace of 13-14mph.

Sun. Jun. 2 SEACLIFF. Leader: Alinda Barth (718)441-5612. Come, climb a cliff and be rewarded by a picnic lunch high above Hempstead Bay. We meet at the statue on Queens Boulevard (E or F train to Union Tpk.). Call Alinda if weather is uncertain. Rain cancels.

Sun. Jun. 2 POINT LOOKOUT. Leader: Gregory D'Agostino (718)272-4271. We will meet at Rockaway Park & Glenwood Road (last stop LL train) in Brooklyn. This ride is as flat as a surfboard, so we will ride at a fast-ish steady pace. A prediction of thunderstorms by National Weather Service will CANCEL this ride; there are enough hazards on the road. With half-crazed motorists and abominable dogs we need not marshall the forces of Nature against us as well.

Sat.-Sun Jun. 8-9 ADAM'S ROUND TRIP (AA#6). Leaders: Alex Bekkerman (718)438-4746, Alan Zindman (212)989-8529. This ride is going to be held for those who enjoy long distance riding, 20mph pace and posh accommodations worth hard riding. We will go up on NY side, cross Bear Mt. bridge and proceed on 9W on to destination point. Route back is just the reverse. Pace busters: please do not bother. Call leaders for reservations. At Sheraton Inn - Italian food, what else?

- Sat. Jun. 8 BARRENS BY BARON. Leader: Steve Baron (212)228-0555. An unpreviewed ride (does anyone know the route?) that will start somewhere in southern New Jersey, about 80 miles south. The first four callers will be able to ride to the starting point in the Baron Van, later callers will have to provide transportation. Let me know if you are willing to drive and your bike/rider capacity. Ride will leave from 19th St. and Second Ave., Manhattan, at 7:30, as we will have 1.5 hours of driving before the riding begins.
- Sat. Jun. 8 HOKOKUS & POINTS BEYOND. Leader: Lin Ehrlich (212)737-3887. Meet at the Central Park Boathouse for another of those truly B+ rides via a different New Jersey route, but guaranteed to have some good hills and scenic countryside. If weather forecast is above 84F, bring a bathing suit and cable lock.
- Sat. Jun. 8 GO FOR THE MUFFINS! Leader: John J. Mulcare (718)672-5272. Let's try again to have brunch at the Turning Point in Piermont. Meet at the C.P. Boathouse at 9:00. We'll get there yet!
- Sun. Jun. 9 CARMEL CARNIVAL. Leader: Rich Herbin (212)666-2162. Depart from the Boathouse for Northern Putnam via scenic, hilly route. Leader will maintain a steady pace and discourage racing up hills, one of which (Stony St.) is exceptionally steep. Brief deli and water stops. Bring pocket foods to get through the first 60 miles.
- Sun. Jun. 9 MAGNIFICENT MONMOUTH. Leaders: Debbie Bell (212)864-5153 and Martha Ramos (718)858-9142. Enjoy spectacular country scenery, horse farms, shady lanes and rolling terrain less than one hour's drive from the city. This is a car-topping trip, starting at the snack bar in Holmdel Park (Longstreet Rd. entrance) near Exits 117 or 114 on the Garden State Parkway. Leaders will be riding the 80-mile route at a B+ pace. Follow them, or ride at your own pace and route; cue sheets provided for all options. Call Debbie Bell if you can offer or need a ride.
- Sun. Jun. 9 MARKED NYCC N.J. ROUTE BACKWARDS. Leader: David C. Miller H (212)794-9365/W (212)594-5269. Meet at the Central Park Boathouse for a flat ride with a few steep hills. Please bring low gears. This route was developed by "Upright Irv", but I like to ride it backwards. It's easier and 20% of the marks have been paved over or weathered away. Bring your own lunch if you want, but there is a great Italian deli and pastry shop where we will buy lunch. There is also a "Kentucky Fried Chicken". This is a very scenic ride. Come and enjoy; we should be back at the Boathouse by 5:00. Lunch has to be carried for 1.5 miles to the park. Please come with a rear rack and the cords to firmly attach anything that you may want to carry on your bike.
- Fri.-Mon Jun. 14-17 GEAR UP & RIDE OUT WEEKEND. Leaders: Debbie Bell (212)864-5153, David Miller (212)794-9365, Martha Ramos (718)858-9142, Irv Weisman (212)650-8075 (days). If you are interested in biking out to the Gear Princeton Rally, call one of the leaders no later than June 1-2 for the details of the trip.
- Sat. Jun. 15 5TH ANNUAL STRAWBERRY SUPREME. Leader: Maxim Vickers (718)728-7179. This whirlwind rampage of Long Island's notable eateries and water-holes departs from the Tramway Plaza and takes in some of the prettiest scenery on both Forks (at 18mph cruising) en route to the Shortcake Tent at the Mattituck Strawberry Festival. Ride RELIABLE EQUIPMENT and bring MONEY. Return aboard the AYH Biketrain (reserve in advance), or arrange own transportation.
- Sat. Jun. 15 MATTITUCK EXPRESS. Leader: George Schnepf (212)473-6954. Meet at the Tramway Plaza for a quick-paced prompt departure ride to the Strawberry Festival. The ride will follow AYH's classic Mattituck route. We will maintain a paceline throughout. There will be one major foodstop at around the 60 mile point, so eat before leaving. The intent is to arrive in Mattituck around noon so that we can join up with the Biketrain participants for the Festival and any additional local riding. Return via the AYH Biketrain (advance reservation required) or arrange your own return transportation. Rain at start of ride cancels.

- Sun. Jun. 16 BEAR MT.-SEVEN LAKES DRIVE. Leader: Ken Sloan (212)431-0808/(212) 410-3484. Meet at George Washington Br. for a bona fide hillclimb through Harriman State Park to Bear Mt. Hot pace. One deli stop before the hills begin.  
A+ 100+mi. 7:50
- Sun. Jun. 16 SAGAMORE HILL. Leader: Sara Flowers (718)544-9168. Naturally it's the North Shore, but we will take a quick look at historic spots (you may visit TR's home, if you wish, and glance at other Victorian structures in Oyster Bay as we ride). Socialize beneath the trees as we eat our lunch. Be prepared for some hills and some beautiful sights! We will try for a brisk pace and togetherness. Meet at the Statue on Queens Blv. at Union Tpk. (E or F train to Union Tpk.). Don't forget your water bottles!  
B 55 mi. 9:00
- Sat. Jun. 22 BAYVILLE BEACH EXPRESS. Leader: Lee Gelobter (718)646-7037. Catch the 8:10 (I mean it) paceline from the Boathouse to Bayville for lunch and a swim (bring a swimsuit, unless you want to ride home in wet shorts) and a comfortably paced ride back. Call Lee for additional details.  
A 75 mi.
- Sat. Jun. 22 EDUCATIONAL PURSUIT. Leader: Sara Flowers (718)544-9168. Meet at the Statue on Queens Blv. at Union Tpk. (E or F train to Union Tpk.) for a "new" and "loopy" ride on the North Shore. The schedule is for visiting the numerous institutions of higher learning: St. John's, N.Y. Institute of Technology, C.W. Post, Nassau Jr., Old Westbury, Hofstra, Adelphi and Mitchell. No stops: just a zippy look. We may have to evade a security guard or two. Don't forget water!  
B 55 mi. 9:00
- Sun. Jun. 23 PRINCETON ACCELERATED COAST. Leader: Josh Keller (212)674-0955. Meet at the Staten Island ferry slip to depart on the 8:30 boat for a ride to Princeton along a scenic route through the Delaware and Raritan Canal State Park. As usual, we will ride a rapid and impeccable pace line. Maps will be available.  
A 100 mi. 8:20
- Sun. Jun. 23 ARMONK. Leader: Ed Schweber (212)567-2661. Some emerge from their winter cocoon as butterflies, others - as moths; Ed has emerged as a B rider. Meet at the George Washington Bridge (178 St. & B'way) for a scenic, flat for Westchester ride to a deli in Armonk.  
B 60 mi. 9:00
- Sun. Jun. 23 FIRST OFFICIAL WEEK OF SUMMER. Leader: Scott Feldman (718)444-9321. Meet at the Statue of Civic Virtue (Queens Boulevard & Union Turnpike) for a 10 mph average paced ride to Jones Beach. Bring a lock, since we'll be lunching at the beach.  
C+(B-\*) 60 mi. 9:00  
NO RADIOS or PETS, please.
- Sat. Jun. 29 CHAPPAQUA OR THEREABOUTS. Leader: Claire Goldthwaite (212)228-0828. Meet at the Boathouse for a scenic ride in Westchester. Expect a double pace line, brisk pace; but no attacking on the potholes. Claire likes to keep the group together and will sacrifice the front and/or the back, if necessary.  
A 90+ 8:00
- Sat. Jun. 29 WESTCHESTER WANDERERS. Leader: Maggie Clarke (212)967-8272. Meet at Triangle Park (B'way, Dyckman and Riverside Dr.) for a metric century along the leafy, less heavily traveled roads of eastern Westchester and Greenwich. We will pause at a suitable grassy, shady spot for a picnic lunch after pillaging a nearby deli. The return will feature great views of the Kensico Reservoir. Please bring \$, tools, pump and Metro-North permit (for emergencies). Call Maggie Clarke for rain decision and travel directions.  
B-(B\*) 65 mi. 9:15
- Sun. Jun. 30 SADDLE RIVER EXPRESS. Leaders: Arlene Brimer (212)362-2631 and Chris Mailing (718)965-0894. Meet at the Central Park Boathouse to catch the 8:00 bus across the G.W. Bridge for a ride to Nyack for breakfast, then down the Saddle River Valley twice, before returning through North Jersey. This Club Classic, originally developed by Bill Yao in 1979, is being resurrected at Arlene's request, as it features over 50 miles of downhill riding. Pace line will be maintained. Maps will be available. Rain cancels.  
A 110 mi. 7:30
- Sun. Jun. 30 PLANTING FIELDS. Leader: David Moses (718)444-5681. Meet at the Statue, Queens Blv. at Union Tpk. Ride to lunch and then spend 1.5 hours touring the beautiful Planting Fields Arboretum on foot. Moderate terrain. Call leader in case of questions.  
B 55 mi. 9:00
- Sun. Jun. 30 ROCKLAND RAMBLE. Leader: Roseann Korsa (212)549-2034. Meet on the N.Y. side of the GW Bridge at 9:30 to ensure a good spot on line for the shuttle. Ride through tree-lined back roads of Bergen and Rockland to Nyack Beach. Stop to buy picnic lunch, or bring your own. We'll eat by the river and return to GNB in time for the 4:00 bus back to the city.  
C+ 45 mi. 9:30

(\*) denote Rides Desk's assessment of actual ride rating per submitted description.



# The Admiralty Space

By Maxim Vickers

Lord, what a can of worms! I merely intended to put some executive teeth into the apparently established procedure for rides classification, but it looks like my overzealous style has touched off a minor avalanche. There is now a legislative initiative afoot, and much suds are quaffed in smoke-filled rooms in search of the magic formula: everyone wants to keep the grammar school grading system of A/B/C/D, and no one cares to be associated with its lower rungs. Is this why we have been experiencing the "bracket creep" whereby the "D" rating is already extinct and "C" is heading in that direction? A rose by any other name....

I scanned personal memory. In my nine years of association with the Club, the absolute numbers have changed--the proportions have not. We are still doing the same type of riding we always have, but after musing upon the subject for a while, it occurred to me that it all falls rather neatly into the following groupings:

## SIGHTSEEING/SOCIAL

Destination-oriented riding over easy to moderate terrain, distances under 40 miles. Level speeds range 8-12 mph. Frequent stops for head-counting, food and rest.

## TOURING

Relaxed riding over unrestricted terrain. Loose group structure with regrouping and stops as needed. Level speeds range 10-18 mph. Distances up to 100 miles.

## SPORTS

Vigorous riding over unrestricted terrain. Emphasis on steady but brisk group cruising (14-20 mph) with occasional bursts of speed. Distances up to 100 miles. Food stops every 2 hours or so.

## ATHLETIC

Performance-maximizing riding, seeking out technically demanding conditions, distances and terrain. Speeds, climbing and handling resemble competitive. May be eating in the saddle.

Where do you fit? Are you a devotee (inmate?) of one, or do you dabble in all? Are these groupings not related in the same broad way apples and oranges are designated as fruit? To be sure, there are gradations of difficulty within each group, but the distinctive spirit of each is unmistakable.

Perhaps the answer to our predicament lies in stopping the attempt to force-fit the facts of life to a graduated scale and to go with the flow instead. In place of the existing report-card hierarchy, there may be established Touring, Sports, and Athletic departments, each overseeing a program of rides ranging from Beginner to Mastery in each discipline. This way we may be able to concentrate, or to dabble at a whim in reasonable certainty of what we are getting into. Then there will always be the Social rides, where the only requirement will be the ability to keep a bicycle vertical for the listed number of miles. The stern triumvirate of Coordinators shall give way to the flair of Athletic Manager, Sports Person, Tour Director, and Social Chair, while the earstwhile mantle of VP Rides may well shrink to shirtsleeves of Road Editor...

How's dat for future shock?

●-●-●-●-●-●-●-●-●

As for the present, it may already be known to you that the Board, in its Infinite Wisdom, with three members absent, one newly appointed, and two vociferously objecting, passed a motion stipulating that the final authority for classifying a club ride rests with that ride's leader. I suggest that we get a few more cyclists nominated for offices when the elections come about. In the meanwhile, as one of the few ELECTED members of the board, I remain confident of my mandate to uphold the Club's standards.

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With the spring training concluded, here are some credits and some debits. Credits go to participation, which made leading rewarding, and to Leadership, who made rides fun. There is wholesale improvement among both novices and the Old Hands, and I am finding it ever harder to hold my own in a paceline with all this gung-ho spilling over the brim. On the debit side, however, there are still too many crashes, breakdowns and drops. It is distressing that we still have not found a middle ground between herding around an unfortunate mending his/her tire (without, however, offering much assistance) or blithely leaving the same on the curb-side to possibly chase and rejoin the group later.

I am toying with the notion of organizing "A" rides of more than seven participants in squads of four or five. These would be formed with understanding that their members are to stay together at all times. There would typically be enough tools, navigational savvy and drafting power among four people to handle any mechanical mishap or sugar deficiency and to find a way back to the pack. There is no reason the whole ride should be held up for one person, nor under any circumstances, should a rider be left alone on the road.

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# Coming Events

- Wed.-Sun.  
Jul.3-7  
B+  
200+ SHELTER ISLAND WEEKEND. Leader: Martha Ramos (718)858-9142. Celebrate the 4th by making your way to Shelter Island. Take the opportunity to do a twin century the easy and scenic way. Departure is early Thursday morning for those cycling out. Do not want to do a century, but still enjoy Shelter Island? Then take the bus, train or car out and join us for the weekend. Participants are responsible for themselves and the making of their own accommodations. Call leader for additional details.
- Wed.-Sun.  
Jul.3-7  
A+/A 200km VERMONTAGNARDS PLUS ASSORTED VERMONT. Leader: Maxim Vickers (718)728-7179. There is still time to sign up on the AYH's bus No. HB-4 going to Rochester, Vt. hostel for the holiday weekend. In addition to the title's 125 mi. mountain trial, I intend to lead tamer rides during the remaining three days. Don't miss out on this bargain vacation in New England!
- Sun.Jul.14  
A  
100 mi.  
7:30 QUATORZE PAR QUATORZE. Leader: Maxim Vickers:(718)728-7179. Mark the Bastille Day (Quatorze) with a special ride aiming, among other things, to take advantage of the re-opening of George Washington Bridge to bicycle traffic, reliably reputed scheduled for July 4. I can vouch for plenty of fast blacktop and gorgeous scenery, whichever way we go. In the meantime, let me have your commitment, so that I can put together a table (for fourteen?) at (where else?) Quatorze for the post-ride dinner. And get your Red-White-and-Blue jerseys ready.
- Sun.Jul.21 ALL-CLUB RIDE is being relocated to Tallman Mt. State Park. If the bridge is not re-opened by then, the Port Authority is amenable to escorting us over the vehicular roadway, provided we all appear at the bridge together. Given our magnificent performance in May, this should be a cinch.
- Sat.-Mon.  
Aug.31-Sp.2  
B+ PHILADELPHIA. Leaders: Debbie Bell (212)864-5153 and Martha Ramos (718)858-9142. They did not call this Labor Day for nothing. Join us for a reasonably rolling and scenic route into Philadelphia. Departure is early Saturday morning with accommodations in center city Phila. Participants are responsible for themselves and making their own reservations. Call ride leaders for details.



## "c" notes --

By Gregory D'Agostino, C Rides Coordinator

Below are the dates and locations for the next two All-Club Rides. C Division leaders are NEEDED for both events. Please express your desire to lead one or both rides no later than the second Tuesday of the month prior to the ride date. DO IT TODAY!!!

Silver Lake Park

Sunday, 21 July

Kingsland Point Park

Sunday, 22 September

o-o-o-o-o-o-o-o

On the subject of ride leadership--I am dismayed by the fact that only 4 members have volunteered to lead a C ride while the same C rides average 14 trippers each. There are a lot of C riders not doing their bit. The long and short of it is, if you want a full calendar of C rides to go on, YOU will have to volunteer to lead. Otherwise, you will have to be content with 1, 2, or no rides per month in your division. I am afraid these are the hard facts of life. (You've noticed the A and B Divisions fill their monthly calendar of rides.)

It doesn't take any magic or special skills to lead a ride, just the desire to do so. 'Phone me; I'll be happy to be of help.



## June Club Meeting Program

arranged by Sara Flowers

RULES OF CONDUCT THAT YOUR MOTHER  
MAY NOT HAVE TOLD YOU ABOUT

The June program will bring us seven veteran ride leaders to share experiences and philosophies to help each of us formulate a good code of riding ethics to keep us socially correct, wise beyond our years and physically safer on group rides.

How should you conduct yourself and your bike on a group ride? What does the leader see about your behavior and your style that you don't see? What courtesies do you owe your fellow riders and your leader? What courtesies do they owe you? How can you equip yourself to be sure that you and the group have a happy day? What behavior is in, what out?

Our panel will give their opinions on these and other questions and will welcome discussion and questions from other leaders and from you the rider. Every level and type of riding will be represented by our experts: Alinda Barth, Carole Chavanne, Roseann Korska, Chris Mailing, Steve Sklar, and Irv Weisman. Our VP of Rides Maxim Vickers will chair the discussion.

DATE: Tuesday, June 11, 1985

TIME: 6:00 PM for beer, cocktails, soda, or just plain socializing  
7:00 PM for dinner

IF YOU WANT DINNER AT THE FIXED PRICE (\$10 for the meat, fish, or poultry; \$7.50 for vegetarian; desserts extra) YOU MUST PURCHASE BY 7 PM. Diners will receive a color-coded coupon; non-diners will be seated separately

PLACE: O'Hara's  
120 Cedar street

(N. B. 120 Cedar Street is one block south of the World Trade Center, Between Trinity and Greenwich Streets. Enter the restaurant on Cedar Street, go through the door on your right, and go up stairs to our private room.)

BICYCLE PARKING IS PROVIDED but bring a lock for security. Take the elevator to the 4th floor, and leave your bike in the storage area provided there.

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## Executive Minutes - April

1. Revised guidelines for club rides were submitted. They will be reviewed further by the Rides Committee.
2. Designs for a new club shirt were presented.
3. The Rides Chairman reported that the 1984 Rides Report is in progress.
4. The new membership roster will be contained in the June bulletin.

Respectfully submitted,

*Charlotte M. Hildebrandt*

Charlotte M. Hildebrandt, Secretary

Addendum: Doug Blackburn has relocated to Boston and resigned as Club Treasurer. We are fortunate to have secured the capable service of Larry Rutkowski, who will serve as Club Treasurer for the remainder of the year. Ed.



1985 membership dues are \$12.00 per individual, \$15.00 per couple residing at the same address and receiving one bulletin. Mail this application, with a check made payable to the "New York Cycle Club," to: NEW YORK CYCLE CLUB, P.O. Box 877, Brooklyn, N.Y. 11202

OTHER CYCLING CLUB MEMBERSHIPS (Circle): AMC AYH LAW TA CRCA CCC  
Other:

WHERE DID YOU HEAR OF N.Y.C.C.?

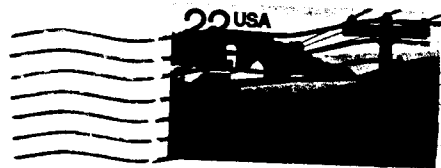
Circle if applicable: I do not wish my (address) (phone number) listed in the roster which is published in the bulletin semi-annually.

NAME(S) \_\_\_\_\_ PHONE (H) \_\_\_\_\_ (B) \_\_\_\_\_  
ADDRESS \_\_\_\_\_ APT. \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
DATE \_\_\_\_\_ AMT. OF CHECK \_\_\_\_\_ NEW \_\_\_\_\_ RENEWAL \_\_\_\_\_

As a N.Y.C.C. member, I accept full personal responsibility for obeying all traffic regulations and for my own safety on the road. I will hold the Club, its officers and ride leaders blameless in case of accident.

APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

**Jody Saylor**  
**49 West 75 Street**  
**New York, NY 10023**



**First Class**

Arlene Brimer  
345 W 85th St #36  
NY, NY 10024